



**Okaloosa Beach Safety
Basic Surf Lifesaving Academy Schedule
2011**

Day One					
Time		Topic	Type	Location	Instructor
8:00 -	8:15	Opening Remarks	C	OIFD	Vause
8:15 -	8:45	Intro to EMS	C	OIFD	Vause
8:45 -	9:15	Well Being of First Responder	C	OIFD	Vause
9:15 -	10:00	Human Body / Systems	C	OIFD	Vause
10:00 -	10:15	Break		OIFD	
10:15 -	10:45	Lifting and Moving Patients	C	OIFD	Vause
10:45 -	11:30	Role of Professional Lifeguard	C	OIFD	Vause
11:30 -	12:00	Surf Beach	C	OIFD	Huffnagle
12:00 -	12:45	Lunch		On your own	
12:45 -	13:00	Briefing / Gear	B	Beach Safety	Staff
13:00 -	13:30	Primary Physical Assessment	B	Boardwalk	Staff
13:30 -	14:00	Water Entry	B	Boardwalk	Staff
14:00 -	14:30	Victim Approach/Defense	B	Boardwalk	Staff
14:30 -	15:00	Standard and Specialized Equipment	B	Boardwalk	Staff
15:00 -	15:30	Break Down / Clean Gear	B	Beach Safety	Staff
15:30 -	16:00	Debrief	B	Beach Safety	Staff

Day Two					
Time		Topic	Type	Location	Instructor
8:00 -	8:15	Evaluation 1	C	OIFD	Huffnagle
8:15 -	9:15	Airway	C	OIFD	Vause
9:15 -	10:00	Airway Practical	C	OIFD	Staff
10:00 -	10:15	Break		OIFD	
10:15 -	10:45	Flat Water Beach	C	OIFD	Wilson
10:45 -	11:30	Components of A Rescue	C	OIFD	Huffnagle
11:30 -	12:00	Hazards/Weather	C	OIFD	Vause
12:00 -	12:45	Lunch		On your own	
12:45 -	13:00	Briefing / Gear	B	Beach Safety	Staff
13:00 -	13:30	Primary Physical Assessment	B	Boardwalk	Staff
13:30 -	14:00	Conscious Victim - Burnside	B	Boardwalk	Staff
14:00 -	14:30	Conscious Victim - Peterson	B	Boardwalk	Staff
14:30 -	15:00	Conscious - Paddle Board	B	Boardwalk	Staff
15:00 -	15:30	Break Down / Clean Gear	B	Beach Safety	Staff
15:30 -	16:00	Debrief	B	Beach Safety	Staff

Day Three					
Time		Topic	Type	Location	Instructor
8:00 -	8:15	Evaluation 2	C	OIFD	Wilson
8:15 -	9:15	Patient Assessment	C	OIFD	Vause
9:15 -	10:00	Pt. Assmt Practical	C	OIFD	Staff
10:00 -	10:15	Break		OIFD	
10:15 -	10:45	Drowning	C	OIFD	Vause
10:45 -	11:30	Preventative Lifeguarding	C	OIFD	Huffnagle
11:30 -	12:00	Water Surveillance	C	OIFD	Wilson
12:00 -	12:45	Lunch		On your own	
12:45 -	13:00	Briefing / Gear	B	Beach Safety	Staff
13:00 -	13:30	Primary Physical Assessment	B	Boardwalk	Staff
13:30 -	14:00	Arm Signals	B	Boardwalk	Staff
14:00 -	14:30	Unconscious Victim - Burnside	B	Boardwalk	Staff
14:30 -	15:00	Unconscious Victim - Peterson	B	Boardwalk	Staff
15:00 -	15:30	Unconscious - Paddle Board	B	Boardwalk	Staff
15:30 -	16:00	Break Down / Clean Gear / Debrief	B	Beach Safety	Staff



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Day Four					
Time		Topic	Type	Location	Instructor
8:00 -	8:15	Evaluation 3	C	OIFD	Whitehurst
8:15 -	9:15	CPR / BLS / HCP	C	OIFD	Staff
9:15 -	10:00		C	OIFD	Staff
10:00 -	10:15			OIFD	Staff
10:15 -	10:45		C	OIFD	Staff
10:45 -	11:30		C	OIFD	Staff
11:30 -	12:00		C	OIFD	Staff
12:00 -	12:45		Lunch		On your own
12:45 -	13:00	Interviews	B	OIFD	Staff
13:00 -	13:30		B	OIFD	Staff
13:30 -	14:00		B	OIFD	Staff
14:00 -	14:30		B	OIFD	Staff
14:30 -	15:00		B	OIFD	Staff
15:00 -	15:30		B	OIFD	Staff
15:30 -	16:00		Break Down / Clean Gear / Debrief	B	Beach Safety

Day Five					
Time		Topic	Type	Location	Instructor
8:00 -	8:15	Evaluation 4	C	OIFD	Vause
8:15 -	9:15	Medical Emergencies	C	OIFD	Vause
9:15 -	10:00	Bleeding / Soft Tissue Injuries	C	OIFD	Vause
10:00 -	10:15	Break		OIFD	
10:15 -	10:45	Underwater Search and Recovery	C	OIFD	Huffnagle
10:45 -	11:30	Communication	C	OIFD	Wilson
11:30 -	12:00	Geographical	C	OIFD	Vause
12:00 -	12:45	Lunch		On your own	
12:45 -	13:00	Briefing / Gear	B	Beach Safety	Staff
13:00 -	13:30	Primary Physical Assessment	B	Boardwalk	Staff
13:30 -	14:00	Code - X	B	Boardwalk	Staff
14:00 -	14:30		B	Boardwalk	Staff
14:30 -	15:00		B	Boardwalk	Staff
15:00 -	15:30		B	Boardwalk	Staff
15:30 -	16:00		Break Down / Clean Gear / Debrief	B	Beach Safety

Day Six					
Time		Topic	Type	Location	Instructor
8:00 -	8:15	Evaluation 5	C	OIFD	Whitehurst
8:15 -	9:15	Bone and Joint Injuries	C	OIFD	Vause
9:15 -	10:00	Illness/Injury Practical	C	OIFD	Staff
10:00 -	10:15	Break		OIFD	
10:15 -	10:45	Facilities and Equipment	C	OIFD	Huffnagle
10:45 -	11:30	Records/Reports/Documentation	C	OIFD	Huffnagle
11:30 -	12:00	LRC Class	C	OIFD	Wilson
12:00 -	12:45	Lunch		On your own	
12:45 -	13:00	Briefing / Gear	B	Beach Safety	Staff
13:00 -	13:30	Primary Physical Assessment	B	Boardwalk	Staff
13:30 -	14:00	LRC Crew Training	B	Boardwalk	Staff
14:00 -	14:30		B	Boardwalk	Staff
14:30 -	15:00		B	Boardwalk	Staff
15:00 -	15:30		B	Boardwalk	Staff
15:30 -	16:00		Break Down / Clean Gear / Debrief	B	Beach Safety



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Day Seven					
Time		Topic	Type	Location	Instructor
8:00 -	8:15	Evaluation 6	C	OIFD	Whitehurst
8:15 -	9:15	Immersion Injuries	C	OIFD	Vause
9:15 -	10:00	Marine Stings and Bites	C	OIFD	Vause
10:00 -	10:15	Break		OIFD	
10:15 -	10:45	The Responsible Lifeguard	C	OIFD	Huffnagle
10:45 -	11:30	Emergency Vehicle Operations	C	OIFD	Wilson
11:30 -	12:00		C	OIFD	Wilson
12:00 -	12:45	Lunch		On your own	
12:45 -	13:00	Briefing / Gear	B	Beach Safety	Staff
13:00 -	13:30	Primary Physical Assessment	B	Boardwalk	Staff
13:30 -	14:00	EVOC - Beach Vehicles	B	Boardwalk	Staff
14:00 -	14:30		B	Boardwalk	Staff
14:30 -	15:00		B	Boardwalk	Staff
15:00 -	15:30		B	Boardwalk	Staff
15:30 -	16:00		Break Down / Clean Gear / Debrief	B	Beach Safety

Day Eight					
Time		Topic	Type	Location	Instructor
8:00 -	8:15	First Responder Written Final	C	OIFD	Staff
8:15 -	9:15		C	OIFD	Staff
9:15 -	10:00		C	OIFD	Staff
10:00 -	10:15	Break		OIFD	
10:15 -	10:45	Surf Lifesaving Written Final	C	OIFD	Staff
10:45 -	11:30		C	OIFD	Staff
11:30 -	12:00		C	OIFD	Staff
12:00 -	12:45	Lunch		On your own	
12:45 -	13:00	Briefing / Gear	B	Beach Safety	Staff
13:00 -	13:30	Primary Physical Assessment	B	Boardwalk	Staff
13:30 -	14:00	Conscious Victim Final - Burnside	B	Boardwalk	Staff
14:00 -	14:30	Conscious Victim Final- Peterson	B	Boardwalk	Staff
14:30 -	15:00	Conscious Victim Final- Paddle Board	B	Boardwalk	Staff
15:00 -	15:30	Pier Jump - Victim	B	Boardwalk	Staff
15:30 -	16:00	Break Down / Clean Gear / Debrief	B	Beach Safety	Staff

Day Nine					
Time		Topic	Type	Location	Instructor
8:00 -	8:15	First Responder Practical Final	C	OIFD	Staff
8:15 -	9:15		C	OIFD	Staff
9:15 -	10:00		C	OIFD	Staff
10:00 -	10:15	Break		OIFD	
10:15 -	10:45	Briefing / Gear	C	OIFD	Staff
10:45 -	11:30	Final Physical Assessment	C	OIFD	Staff
11:30 -	12:30	Lunch	C	On your own	
12:30 -	13:00	Unconscious Victim Final - Burnside		Boardwalk	
12:45 -	13:00	Unconscious Victim Final- Peterson	B	Boardwalk	Staff
13:00 -	13:30	Unconscious Victim Final- Paddle	B	Boardwalk	Staff
13:30 -	14:00	Pier Jump - Victim	B	Boardwalk	Staff
14:00 -	14:30	Break Down / Clean Gear / Debrief	B	Beach Safety	Staff
14:30 -	15:00	Graduation / Cookout	B	Beach Safety	Staff
15:00 -	15:30		B	Beach Safety	Staff
15:30 -	16:00		B	Beach Safety	Staff